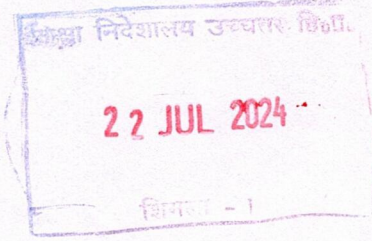


No. EDN-H(8)A(1)Misc-L
Directorate of Higher Education
Himachal Pradesh, Shimla-1
Dated Shimla-171001, the 22nd July 2024

To

All the Principal(s),
Govt. Degree/Skt./Pvt./GIA Colleges,
Himachal Pradesh



Subject: - Drive Against Drug Abuse.

In order to implement the Himachal Pradesh integrated Drug Prevention Policy and to tackle the problem of sale of drugs to the students of Educational Institutions you are hereby directed to take following steps in all the educational Institutions Govt./Pvt.:-

1. **Awareness Drive**

The college will organize the debate, declamation, essay writing, painting, slogan writing, skits/short plays, and rallies focusing on ill effect of drug abuse and Drug Trafficking. Awareness Drive may be started against drug abuse and drug trafficking with the help of Medical expert, Counselors, Local Administration and volunteers from Bharat Scout & Guide, NCC and NSS.

2. **Anti-Drug Squad**

All the colleges (Govt./Pvt.) in the district will form /constitute Anti-Drug Squads under the chairmanship of Principal. This Squad may include 2-3 staff members, 2-3 students, member from PT/MC/LAC etc. or any relevant person of the local area.

3. **Motivational Lectures**

Empower the students to make positive choices and avoid drug use. Discuss the harsh realities and consequences of drug use, supported by statistics and real-life stories. Tell about the health risks and academic impacts of drug addiction through personal anecdotes. Explore the importance of self-awareness, self-esteem, and resisting peer pressure while providing healthy alternatives and coping strategies. Emphasizing the power of community, encourage students to support one another and utilize campus resources.

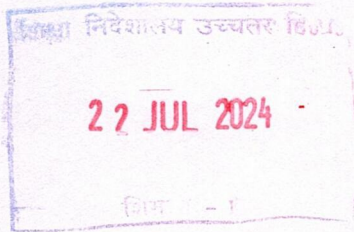
4. **Involvement of students in co-curricular activities**

Engaging in co-curricular activities offers students a constructive and rewarding alternative to drug use. By participating in sports, clubs, arts, and other extracurricular programs, students can build strong social networks, develop valuable skills, and enhance their academic experience. These activities provide a sense of purpose and achievement, helping to reduce stress and prevent the boredom that can lead to substance abuse. Encouraging students to immerse themselves in co-curricular pursuits not only promotes a healthy lifestyle but also fosters personal growth and resilience, setting them on a path to a successful and fulfilling future.

5. **Involvement of SCA/Bharat Scouts & Guide/NCC/NSS**

Involvement of organizations like the SCA, Bharat Scouts & Guides, NCC, and NSS plays a crucial role in controlling drug use among college students. These groups provide structured environments that promote discipline, teamwork, and a sense of community. Through various activities and programs, they offer students opportunities to engage in meaningful service, develop leadership skills, and participate in physical fitness. This involvement helps channel students' energy into positive and productive endeavors, reducing the likelihood of drug use. By fostering a supportive network and instilling strong values, these organizations contribute significantly to the overall well-being and resilience of college students, steering them away from substance abuse.

All the Principals are directed to devise information gathering mechanism. Some students and staff be involved for the purpose secretly and confidentiality of their names be maintained. The information regarding Drug edicts /users, peddlers and influencers, suspicious behavior of students in campus, on the way to college and the shops nearby the premises be gathered. Such information, **if required be shared with Police/District administration for further necessary and corrective action. Monthly review of the Committee is must.**



Treat it as Most Urgent

(Dr. Amarjeet K. Sharma)
Director of Higher Education
Himachal Pradesh
July 2024

Endst No. Even, Dated Shimla-1, the

Copy for information and further necessary action is forwarded to:-

1. The Secretary (Education) to the Government of Himachal Pradesh, Shimla-2
2. P.S. to the Director of Higher Education Himachal Pradesh, Shimla-1
3. The Technical Officer, IT Cell D.H.E., HP, Shimla-1 to upload the same on the Departmental website.
4. Guard file.

Director of Higher Education
Himachal Pradesh