

No. EDN-H (21) F(10) 09/2020-Misc-L
Directorate of Higher Education
Himachal Pradesh
Tel:01772653120Extn.234 e-mail:genbr@rediffmail.com Fax: 2812882

Dated: Shimla-171001 the August, 2020

To

29 AUG 2020

All the Deputy Directors of Higher Education
Himachal Pradesh.

Subject: - **Regarding MANODARPAN- An Initiative of the Ministry of Human Resource Development for psychosocial support of students, Teachers and Families for Mental Health and Emotional Well-being.**

Sir,

Please find enclosed herewith a copy of letter no. F.No. 10-12/2020-Sch.4 dated: 27/07/2020 received from the Joint Secretary to the Govt. of India on the subject cited above.

In this connection, you are hereby directed to circulate the same amongst all the educational institutes under your control and make wide publicity of the Toll-Free Helpline No. 8448440632 (through whatsapp or any other mode of online communication) so that interested students/teachers/parents could make full use of these services, launched by the Ministry of Human Resource Development to provide tele-counselling to the students to address their mental health and psychological issues.

sd
Joint Director of Higher Education
Himachal Pradesh, Shimla-

Endst. No. Even dated Shimla-171001 the August, 2020

Copy for information and necessary action to:-

1. The Secretary (Edu) to the Government of Himachal Pradesh w.r.t. letter no. No. EDN-B-B(16)-27/2019 dated: 19/08/2020.
2. The Superintendent, IT Cell with request to upload the same on the Departmental website.
3. Guard file.

Joint Director of Higher Education
Himachal Pradesh, Shimla-

Min. Immediate

F. No 10-12/2020-Sch.4
Government of India
Ministry of Human Resource Development
(Department of School Education & Literacy)

SS: 9/166/20

37/10/20

Shastri Bhawan, New Delhi
Dated the 27th July, 2020

To,

The Secretaries School Education/Higher Education of all the States/Union Territories.

Subject: MANODARPAN - An Initiative of the Ministry of Human Resource Development for Psychosocial Support of Students, Teachers and Families for Mental Health and Emotional Well-being

Sir/Madam,

In the wake of the outbreak of COVID-19 pandemic, the Ministry of Human Resource Development has launched an initiative called 'MANODARPAN' to provide psychosocial support to students, teachers and families for mental health and emotional well-being during the COVID outbreak and beyond. The initiative was inaugurated by the Union Minister for Human Resource Development on the 21st July, 2020. A web-page has been created on the web-site of this Ministry. The Web-page contains advisory, practical tips, posters, videos, do's and don'ts, FAQs, online query system and other resources for psychosocial support. It can be accessed at the following url:

<http://manodarpan.mard.gov.in>

2. The Hon'ble Minister for Human Resource Development also launched the National Toll-free Helpline (8448440632) set up for a country-wide outreach to students from schools, colleges and universities to provide them tele-counselling to address their mental health and psychosocial issues. This unique helpline is managed by a pool of experienced counselors/psychologists and other mental health professionals and will continue beyond the COVID-19 situation.

3. It is requested that the aforesaid initiatives taken by this Ministry may be widely disseminated amongst all concerned in your State/Union Territory so that interested students/teachers/parents could make full use of these services. A link for the web-page may also be given on the official web-site of your Department/State/Union Territory. The National Toll-free Helpline No. 8448440632 may also be prominently displayed on the website and other medium for wide publicity.

Special Supt (EDU)
Dy Supt (EDU-B)
Joint Supt (ELC-EDU)
27/7

Yours faithfully,



Chandrashekar
Joint Secretary to the Government of India
Tel: No. 2307058
Email: bc7changan@nic.in