

**No. EDN-H (21) F (10) 09/2024-MDM- Virtual Training**

Directorate of Higher Education

Himachal Pradesh.

TelephoneNo. 0177-2653120, 2653386, Extension: 234, Fax No. 2812882

E-mail: [dhe-sml-hp@gov.in](mailto:dhe-sml-hp@gov.in) & E-mail: [genbr@rediffmail.com](mailto:genbr@rediffmail.com)

Dated: Shimla-171001 the \_\_\_\_\_

June, 2024

To

The Deputy Directors of Higher Education,  
Bilaspur, Hamirpur, Kangra, Kinnaur, Lahul at Keylong,  
Sirmour, Solan & Una Himachal Pradesh

29 JUN 2024


Subject: -

**Regarding one day online virtual basic Training to cook cum Helpers engaged in Schools under PM Poshan (MDM) Scheme in the State.**

Sir,


Please find enclosed herewith a copy of letter No. EDN-H (EE) (6) 4-7/2022-23 CCH Training, dated:27/06/2024 alongwith its enclosures received from the Director of Elementary Education Himachal Pradesh on the subject cited above.

In this connection, you are directed to go through the contents of above said letter and issue necessary directions to selected GSSS as per Annexure-I to provide the conference Hall and ICT equipments, IT teacher or other teacher who will coordinate with MDM Incharge of the concerned school for conducting scheduled one day online virtual basic training to cook-cum Helpers engaged in Schools under PM Poshan (MDM) Scheme in the State on dated 30-06-2024 10.00AM. to 4.00PM.

  
Addl. Director of Higher Education,(C)  
Himachal Pradesh, Shimla-1

Endst. No. Even dated Shimla-171001 the \_\_\_\_\_ June, 2024  
Copy for information and necessary action to:-

1. The Director of Elementary Education Shimla-1 w.r.t. letter under reference for information please.
- ✓ 2. The Technical Officer (Computer/IT Cell), Directorate of Higher Education, Himachal Pradesh with the request to upload the same on Departmental website.
3. Guard file.

  
Addl. Director of Higher Education,(C)  
Himachal Pradesh, Shimla-1



No.EDN-H(EE)(6)4-7/2022-23 CCH Training  
Directorate of Elementary Education,  
Himachal- Pradesh  
Dated: Shimla - 171001, the June , 2024

To

✓ The Director (Higher Education)  
Himachal Pradesh-171001

|                                  |             |         |
|----------------------------------|-------------|---------|
| PS Cell<br>DDHE                  | 26 JUN 2024 | Gen. hr |
| Branch<br>प्रारंभिक शिक्षा विभाग | 27 JUN 2024 | शिमला-1 |

**Subject: - One day basic online training to left out Cook cum Helpers (CCHs) engaged in Schools under PM Poshan Scheme in the State.**

Sir,

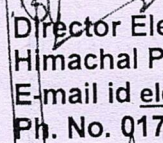
Your kind attention is drawn towards Secretary (Education) to the Government of Himachal Pradesh instructions issued vide his letter No.PS/Secy (Education)/11/2023 dated 29-11-2023 regarding resource sharing and convergence of activities in schools in the state.

In this context, it is submitted that as per Government of India guidelines for PM Poshan (Mid Day Meal) Scheme, all the Cook cum Helpers engaged under this Scheme are required to impart requisite training from time to time. Therefore the Department has decided to conduct one day online virtual basic training programme to Cook cum Helpers through faculty resource persons from Institute of Hotel Management, Catering and Nutrition Kufri, Shimla at Block level during holidays at selected Government Senior secondary schools/ Blocks where ICT facilities are available.

Accordingly, the fifth phase of one day online virtual basic training programme to left out Cook cum Helpers of all districts will be conducted on 30-06-2024 from 10:00 AM to 4:00 PM at selected Government Senior Secondary schools/ Blocks of all Districts where all left out Cook cum Helpers from surrounding schools will be called for said training as per list attached at (Annexure-I).

In view of the above, you are requested to issue necessary directions to the DDHE's, Principals of selected GSSS as per (Annexure-I) to provide the Conference Hall and ICT equipments along with the services of one IT teacher and supporting staff who will coordinate with MDM Incharge of the concerned school for conducting above said one day online virtual basic training of left out cook cum Helpers of 30-06-2024 from 10 AM to 4 PM under intimation to this office please.

Your's faithfully

  
Director Elementary Education  
Himachal Pradesh Shimla-171001  
E-mail id [eleeduhp@gov.in](mailto:eleeduhp@gov.in)  
Ph. No. 0177-2812464



Endst.No. Even Dated Shimla-171001 the June , 2024

Copy to:-

1. The Secretary (Education) to the Government of Himachal Pradesh, Shimla-171002 for information please
2. The Principal, Institute of Hotel Management, Catering and Nutrition Kufri, Shimla-171012, Himachal Pradesh for information and necessary action in the matter please
3. The District Coordinator PM Poshan (Mid Day Meal) scheme O/o Deputy Director (Elementary Education) with the direction to coordinate the above said training in your respective Districts.
4. Guard file.

Director Elementary Education  
Himachal Pradesh Shimla-171001  
E-mail id [eleeduhp@gov.in](mailto:eleeduhp@gov.in)  
Ph. No. 0177-2812464



## Information reg. one day online training of CCHs engaged in schools under PM Poshan Scheme

## District -Bilaspur

| Sr.No | Name of Block       | Name of the school where facility of projector are available | MDM Incharge Name   | Mobile Number | Gmail Id                                                                                 | How many cooks will take training in this school |
|-------|---------------------|--------------------------------------------------------------|---------------------|---------------|------------------------------------------------------------------------------------------|--------------------------------------------------|
| 1     | Sadar               | GSSS(Girl) Bilaspur                                          | Sh. Navdeep         | 82195-76942   | <a href="mailto:principalgbilaspur@rediffmail.com">principalgbilaspur@rediffmail.com</a> | 17                                               |
| 2     | Ghumarwin-I         | GSSS Marhana                                                 | sh. Anil kumar      | 86298-18181   | <a href="mailto:anilkumar2671974@gmail.com">anilkumar2671974@gmail.com</a>               | 13                                               |
|       | Ghumarwin-II        | GSSS Bhager                                                  | sh Deep Sharma      | 98170-14508   | <a href="mailto:sharmadeep747@gmail.com">sharmadeep747@gmail.com</a>                     | 66                                               |
|       |                     | GSSSPanoh                                                    | Smt. Seema Kumari   | 94183-02726   | <a href="mailto:seemakumari9418302726@gmail.com">seemakumari9418302726@gmail.com</a>     | 59                                               |
|       |                     | GSSS Gehrwin                                                 | Sh. Yeshpal Chandel | 70185-46260   | <a href="mailto:yp197373@gmail.com">yp197373@gmail.com</a>                               | 74                                               |
|       | Swarghat            | GSSS Swarghat                                                | Sh. Virender Singh  | 98167-22207   | <a href="mailto:virsingh1976@gmail.com">virsingh1976@gmail.com</a>                       | 30                                               |
|       | Shree Naina Devi Ji | GSSS Toba                                                    | Smt. Sushma Devi    | 78076-19614   | <a href="mailto:principalatoba@rediffmail.com">principalatoba@rediffmail.com</a>         | 8                                                |

Total

267

## District -sirmour

|    |            |                  |                         |            |                                                                            |    |
|----|------------|------------------|-------------------------|------------|----------------------------------------------------------------------------|----|
| 1  | BAKRAS     | GSSS Hallan      | Sh. Dharm Singh TGT     | 9816516154 | <a href="mailto:gssshallan@gmail.com">gssshallan@gmail.com</a>             | 7  |
| 2  | DADAHU     | GSSS Dadahu      | Sh. Baldev Bhardwaj     | 9816252008 | <a href="mailto:dryspmgsdadahu@gmail.com">dryspmgsdadahu@gmail.com</a>     | 9  |
| 3  | KAFFOTA    | Nil              | Nil                     | Nil        | Nil                                                                        | 0  |
| 4  | KHORONWALA | GSSS Bhangani    | Sh. Naresh Kumar        | 7818099744 | <a href="mailto:gsssbhangani@gmail.com">gsssbhangani@gmail.com</a>         | 9  |
| 5  | MAJRA      | GSSS MAJRA       | Sh. Salinder Singh      | 7018496818 | <a href="mailto:gsssmajra@rediffmail.com">gsssmajra@rediffmail.com</a>     | 12 |
| 6  | NAHAN      | BEEO/BRCC Office | Smt. Beena Kumari (DEO) | 9418650392 | <a href="mailto:naahanbeeo@gmail.com">naahanbeeo@gmail.com</a>             | 9  |
| 7  | NARAG      | GSSS Narag       | Sh. Mast Ram            | 9816595509 | <a href="mailto:gsssnarag@gmail.com">gsssnarag@gmail.com</a>               | 7  |
| 8  | NOHRADHAR  | BEEO Nohradhar   | Smt. Champa Devi (DEO)  | 9817291018 | <a href="mailto:beeonohradhar123@gmail.com">beeonohradhar123@gmail.com</a> | 7  |
| 9  | PAONTA     | G(B)SSS Taruwala | Smt. Asha               | 9816161737 | <a href="mailto:bhardwaj.asha83@gmail.com">bhardwaj.asha83@gmail.com</a>   | 8  |
| 10 | RAJGARH    | GSSS Rajgarh     | Sh. Vijay Pal           | 9817736167 | <a href="mailto:rajgarhschool@gmail.com">rajgarhschool@gmail.com</a>       | 10 |
| 11 | SARAHAN    | GSSS Galanaghat  | Sh. Sunil Kumar         | 9816245733 | <a href="mailto:sunilkumar81@gmail.com">sunilkumar81@gmail.com</a>         | 3  |



|       |         |               |                   |            |                              |     |
|-------|---------|---------------|-------------------|------------|------------------------------|-----|
| 12    | SANGRAH | BEEO Sangrah  | Sh. Kapil Sharma  | 7807906990 | beeosangrah@gmail.com        | 2   |
| 13    | SATAUN  | Nil           | Nil               | Nil        | Nil                          | 0   |
| 14    | SHILLAI | GSSS Drabil   | Dalip Singh       | 9816122988 | gsssdabil@rediffmail.com     | 10  |
| 15    | SURLA   | GSSS Sainwala | Sh. Kamlesh Kumar | 9805259963 | gsssinwala.nahan11@gmail.com | 8   |
| Total |         |               |                   |            |                              | 101 |

**District - Kangra**

|       |                      |                          |                              |                          |                                                         |     |
|-------|----------------------|--------------------------|------------------------------|--------------------------|---------------------------------------------------------|-----|
|       | <b>Bajjnath</b>      | GPCS Multhan             | Yashpal Thakur               | 9459510681               | yashpalthakur089@gmail.com                              | 4   |
| 1     | <b>Bajjnath</b>      | BEEO Bajjnath            | Deepak kumar                 | 9805361919               | beeobajjnath@gmail.com                                  | 3   |
|       | <b>Bhawarna</b>      | BEEO Bhawarna            | Gagan bharti                 | 9459847658               | beeo_bhawarna@rediffmail.com                            | 1   |
| 2     | <b>Chadhiar</b>      | BEEO Chadhiar            | Divya Bharti                 | 9805248683               | beeochadhiar@gmail.com                                  | 7   |
| 3     | <b>Dadasiba</b>      | GPS Nangal Chowk         | 1. Manju Lata 2. Indu Sharma | 9816178540<br>9418591909 | lata45885@gmail.com<br>principaldadasiba@rediffmail.com | 9   |
| 4     | <b>Dehra</b>         | GSSS Dehra (Boys)        | Sh.Ashok Kumar               | 9418308698               | starliveakk@gmail.com                                   | 11  |
| 5     | <b>Dharamshala</b>   | GPS Forsythganj          | Sh. Joginder Singh           | 94180-08237              | crcforsythganj009@gmail.com                             | 16  |
| 6     | <b>Indora</b>        | GSSS MOHTALI             | VIJAY SINGH                  | 9816167020               | gsssmohtli01@gmail.com                                  | 4   |
| 9     | <b>Jawali</b>        | GSSS Jawali              | Ajay Kumar                   | 9418287805               | gsssjawali@rediffmail.com                               | 5   |
| 10    | <b>Kangra</b>        | GSSS Birta               | Smt. Sarita                  | 75100/98166-30161        | principalgsssbirta@gmail.com                            | 36  |
| 11    | <b>Lambagaon</b>     | BEEO LAMBAGAON           | LUCKY KUMAR                  | 9805951812               | beeolambagaon@gmail.com                                 | 6   |
| 14    | <b>N/Bagwan</b>      | GSSS Nagrota Bagwan Boys | Aseem                        | 8628867390               | gsssb.nbagwan89@gmail.com                               | 2   |
| 15    | <b>Nurpur</b>        | BEEO Nurpur              | vineet sharma                | 7402810001               | beeonurpur@gmail.com                                    | 6   |
| 17    | <b>Palampur</b>      | GSSS Khalet              | Amit Kumar                   | 7018958820               | mca999amit@gmail.com                                    | 11  |
| 18    | <b>Panchrukhi</b>    | GSSS Saliana             | Ravi Bhushan                 | 9418478912               | ranachothammi1972@gmai.com                              | 12  |
| 19    | <b>Rait</b>          | GSSS SHAHPUR             | DHEERAJ LUMAR                | 7018467099               | dheeraj.kumar094@gmail.com                              | 25  |
| 20    | <b>Raja Ka Talab</b> | Gss Raja ka talab        | Tarun kumar                  | 8219327946               | gsssrkt@gmail.com                                       | 9   |
| 21    | <b>Rakkar</b>        | BEEO Rakkar              | Ranjeet Singh                | 8894962544               | pranjeetsinghthakur@gmail.com                           | 1   |
| 22    | <b>Thural</b>        | Beo Thural               | Sammi                        | 9816408448               | beoethural@gmail.com                                    | 2   |
| Total |                      |                          |                              |                          |                                                         | 170 |

**District- Hamirpur**

|   |         |              |                             |             |                             |    |
|---|---------|--------------|-----------------------------|-------------|-----------------------------|----|
| 1 | Bijhari | GSSS Bijhari | Parmila Devi (MDM Incharge) | 78075-66734 | gsssbijhari1@rediffmail.com | 15 |
|---|---------|--------------|-----------------------------|-------------|-----------------------------|----|



|                                    |                 |                           |                          |             |                            |            |
|------------------------------------|-----------------|---------------------------|--------------------------|-------------|----------------------------|------------|
| 2                                  | Galore          | GSSS Kangoo               | Shyam Lal (MDM Incharge) | 98170-90344 | gssskangoo@gmail.com       | 4          |
| 3                                  | Hamirpur        | GSSS Lambloo              | Babita Kumari (MDM)      | 86269-34999 | gssslambloo@rediffmail.com | 29         |
| <b>Total</b>                       |                 |                           |                          |             |                            | <b>48</b>  |
| <b>District- Kaza &amp;Keylong</b> |                 |                           |                          |             |                            |            |
| 1                                  | BEEO Key long-I | GSSS Sissu                | Tanzin Namgial           | 8219834986  | jinpings007@gmail.com      | 4          |
| 2                                  | BEEO Udaipur    | GSSS Udaipur              | Santosh                  | 9015133986  | sannurana@gmail.com        | 5          |
| <b>Total</b>                       |                 |                           |                          |             |                            | <b>11</b>  |
| <b>District-kinnaur</b>            |                 |                           |                          |             |                            |            |
| 1                                  | kalpa           | DIET                      | Meenakshi devi           | 9805330991  | dcgssskothi@gmail.com      | 19         |
| 2                                  | nichar          | GSSS Nigulsari            | Rohni                    | 7876743437  | aashnanegi14@gmail.com     | 23         |
| 3                                  | pooh            | GSSS Pooh                 | Meena kumari             | 9015474804  | gssspooh@gmail.com         | 18         |
| <b>Total</b>                       |                 |                           |                          |             |                            | <b>60</b>  |
| <b>District-Solan</b>              |                 |                           |                          |             |                            |            |
| 1                                  | Dharampur       | GSSS Dharpur              | karam Chand              | 94184-95196 | govtssdmp.solan@gmail.com  | 40         |
| 2                                  | Kandaghat       | GSSS Kandaghat            | Neeraj Kumar             | 70181-61966 | prikandaghat@gmail.com     | 13         |
| 3                                  | Arki            | GSSS Arki                 | Chander Mani Kanawar     | 85809-37070 | priarkig@gmail.com         | 4          |
| 4                                  | Solan           | GCPS Shamror              | Manohar Singh            | 83510-90648 | gcpsshamror1966@gmail.com  | 23         |
| 5                                  | Nalagarh        | BRCC Office Nalagarh      |                          |             |                            | 15         |
| 6                                  | Dhundand        | GSSS Darlaghat            | Jai Pal                  | 94184-68380 | pridarlaghat@gmail.com     | 18         |
| 7                                  | Kuthar          | GSSS Kuthar               | Ajay Kumar               | 78073-17634 | prikuthar@gmail.com        | 12         |
| 8                                  | Ramshehar       | Ramshehar                 | Gain Chand               | 94180-13471 | brcupramshehar@gmail.com   | 71         |
| 9                                  | Patta- Mehlog   | Block Office Patta-Mehlog | Harish Kumar             | 94182-82820 | beeopattamehlog@gmail.com  | 10         |
| <b>Total</b>                       |                 |                           |                          |             |                            | <b>206</b> |
| <b>District- Kaza &amp;Keylong</b> |                 |                           |                          |             |                            |            |
|                                    | Amb             | GSSS Kaloh                | Shiv Pal                 | 8219357342  | gssskaloh@gmail.com        | 11         |
|                                    | Gagret-II       |                           |                          |             |                            | 9          |
|                                    | Gagret-I        |                           |                          |             |                            | 19         |
|                                    | Bangana         | GSSS Boul                 | Ashwani Kumar            | 8219558189  | boul.school@gmail.com      | 8          |
|                                    | Jol             |                           |                          |             |                            | 14         |



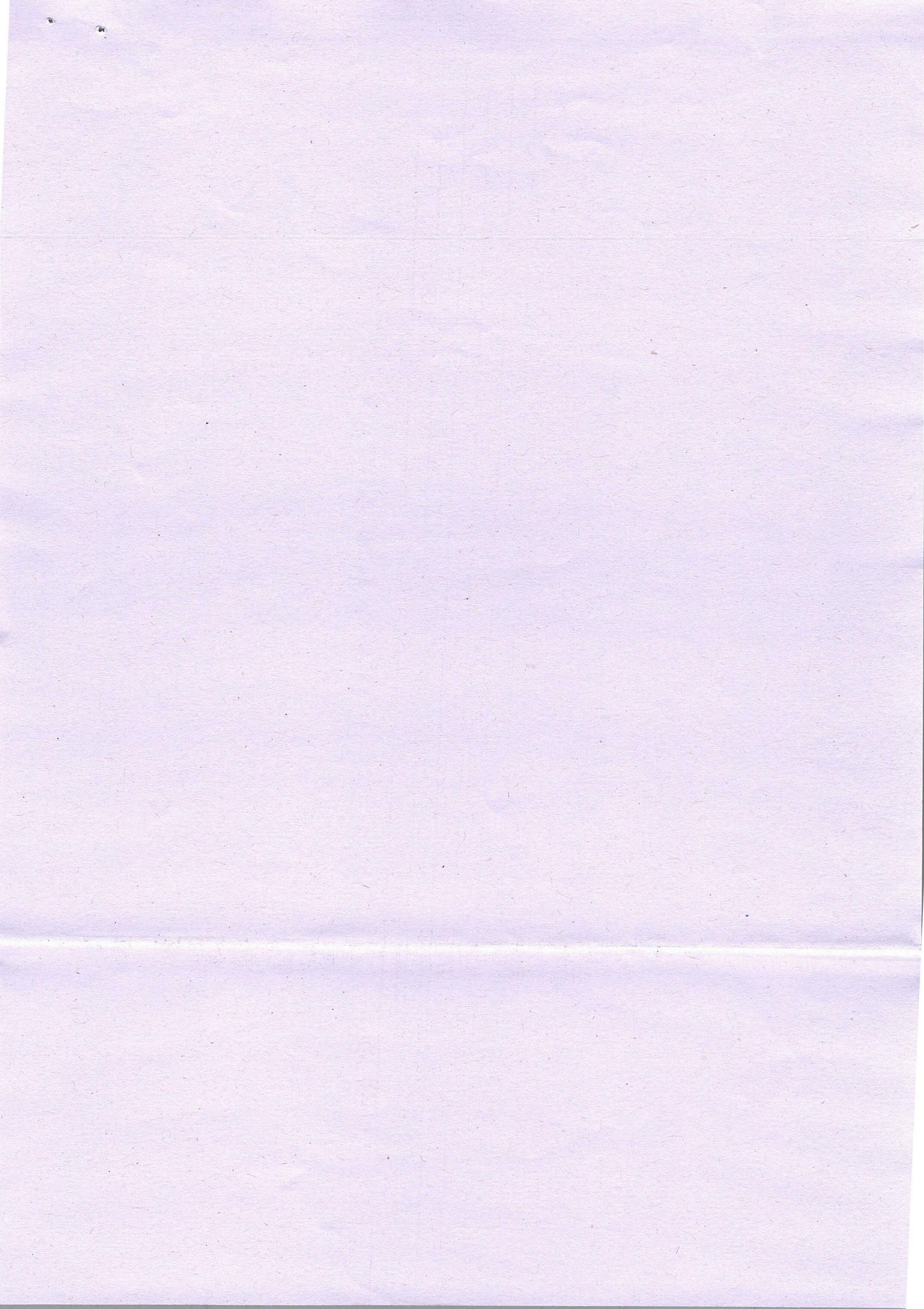
|              |             |              |            |                         |            |
|--------------|-------------|--------------|------------|-------------------------|------------|
| Haroli       | GSSS Lalhri | Manu Bala    | 8278854941 | gssslalhri210@gmail.com | 27         |
| Una          | GSSS Una(B) | Rajesh Kumar | 9418252207 | rajesh52207@gmail.com   | 35         |
| <b>Total</b> |             |              |            |                         | <b>123</b> |

**District-Una**

|                           |                         |                  |            |                                      |            |
|---------------------------|-------------------------|------------------|------------|--------------------------------------|------------|
| 1 kullu                   | GSSS MOHAL              | Smt. Shashi      | 9418268650 | principalgsssmohal.92@rediffmail.com | 67         |
| 2 BEEO KULLU-1 AT SHAMSHI | BEEO KULLU-1 AT SHAMSHI | Gaurav Kaundal   | 9418339081 | beeokullu1@gmail.com                 | 40         |
| 3 BEEO KULLU-1 AT SHAMSHI | GSSS Raison             | Om Prakash (PTE) | 9459300360 | principalgsssrason@rediffmail.com    | 85         |
| 4 BEEO Kullu-II           | GMSSS Katrain           | Smt. Sonika      | 9418488890 | principalgssskatrain@rediffmail.com  | 25         |
| 5 Naggar                  | GSSS Banjar             | Yun Raj          | 9418314977 | principalgsssbajar.31@rediffmail.com | 21         |
| 6 Banjar                  | GMSSS Anni              | Puran Chand      | 9625570788 | principalgsssanni@rediffmail.com     | 28         |
| 7 Anni                    | GSSS Nirmand            | Mohar Singh      | 8629817916 | principalgsssnirmand@rediffmail.com  | 24         |
| <b>Total</b>              |                         |                  |            |                                      | <b>290</b> |









one day training of cook cum helper through online 30-06-24

| Sr. No | Name of Block | Name of the school where facility of projector are available | MDM In charge Name | Mobile Number | Gmail Id                           | How many take trainin scho |
|--------|---------------|--------------------------------------------------------------|--------------------|---------------|------------------------------------|----------------------------|
| 1      | Kotkhai       | GSSS Gumma                                                   | Anil Sharma        | 9418856797    | principalgsgk@gmail.com            | 18                         |
| 2      | Rohru         | GSSS Rohru Girls                                             | Lalita             | 9816790387    | ggssrohru@yahoo.co.in              | 17                         |
| 3      | Chhohara      | GSSS Gaonsari                                                | Jaiwant Singh      | 9805784566    | rangtanjaiwant123@gmail.com        | 4                          |
| 4      | Nerwa         | BEEO Nerwa                                                   | Rakesh Kumar       | 9805280098    | beeonerwa@gmail.com                | 12                         |
| 5      | Kumarsain     | GSSS Kumarsain                                               | Virender Sharma    | 8219888403    | virendersharma79025@gmail.com      | 21                         |
| 6      | Tikkar        | GSSS Tikkar                                                  | Mahesh Prasad      | 9857325250    | gsss.tikkar@gmail.com              | 6                          |
| 7      | Jubbal        | GSSS Sarswati-Nagar                                          | Naresh Kumar       | 8894633955    | principalsnagar@gmail.com          | 15                         |
| 8      | Deha          | BRCC Deha                                                    | Ranjeet Sharma     | 9459032047    | beeodeha@gmail.com                 | 13                         |
| 9      | Shimla        | GCPS Portmore                                                | Sanjeev Jistu      | 8091199211    | gcpsportmore111@gmail.com          | 39                         |
| 10     | Sunni         | BEEO Sunni                                                   | Hemant Kumar       | 9459970688    | beeosunni@gmail.com                | 21                         |
| 11     | Kasumpati     | GSSS Ghanahatti                                              | Krishan Kumar      | 8219956827    | principalgsssgghanahatti@gmail.com | 10                         |
| 12     | Theog         | GSSS Theog (Boys)                                            | Sunil Sharma       | 9459264847    | principalgsssbtheog@gmail.com      | 16                         |
| 13     | Mashobra      | GSSS Mashobra                                                | Tej Swaroop        | 9418129050    | sharmatejswaroop7612@gmail.com     | 19                         |
| 14     | Matiana       | BEEO Matiana                                                 | Anuradha           | 7876314424    | beeomatiana9@gmail.com             | 9                          |
| 15     | Nankhari      | information not received                                     |                    |               |                                    | 10                         |
| 16     | Rampur        | PGSSS Rampur (Boys)                                          | Anita Kumari       | 8988359100    | shivdeepsintu@gmail.com            | 89                         |
| 17     | Sarahan       | GSSS Sarahan Bsr                                             | Kaushyala Devi     | 9459277115    | shaluchaganvi209@gmail.com         | 8                          |
| 18     | Ransar        | GSSS Ransar (Jangla)                                         | Mahender Singh     | 7018298900    | mskamta900@gmail.com               | 5                          |
| 19     | Chopal        | Maternity Leave                                              |                    |               |                                    | 2                          |
| 20     | Kupvi         | GSSS Kupvi                                                   | Ramlal             | 9816498657    | chauhanramlal774@gmail.com         | 7                          |
| 21     | Dodra-Kewar   | 0                                                            | 0                  | 0             | 0                                  | 0                          |
|        | Total         |                                                              |                    |               |                                    | 341                        |