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No. EDN-H(8)A(1)Misc-UGC
Directorate of Higher Education
Himachal Pradesh.
Dated Shimla – 171001, the

11th June 2024

To

1. All the Registrar(s),
HPU/SPU/ Private Universities
Situated in Himachal Pradesh.
2. All the Principal(s),
Govt. Degree/Skt colleges,
Himachal Pradesh.



Subject:- Regarding celebration of International Day of Yoga on 21st June, 2024.

Sir/Madam,

Please find enclosed herewith D.O. No. 2-38/2023(CPP-II) dated 30.05.2024 of Secretary, University Grant Commission on the subject cited above, wherein, the authority has directed to celebrate International Day of Yoga 2024 on 21st June, 2024 in their institutions and participate accordingly to make it a grand success.

In view of the above, you are requested to do the needful accordingly and to upload the photos/videos on the University Activity Monitoring Portal on the link given in the above mentioned D.O. dated 30.05.2024.

Your faithfully,

Director of Higher Education
Himachal Pradesh
June 2024

Endst No. the Shimla-171001 Dated
Copy to:-

1. The Secretary, UGC , Bahadur Shah Zafar Marg, New Delhi-110002 w.r.t. abovementioned letter No. and dated please.
2. T.O. IT Cell (Internal) with the directions to upload the letter on the Departmental website.
3. Guard file.

Director of Higher Education
Himachal Pradesh



आचार्य मनिष र. जोशी
सचिव

Prof. Manish R. Joshi
Secretary



सत्यमेव जयते



आज़ादी का
अमृत महोत्सव

विश्वविद्यालय अनुदान आयोग
University Grants Commission

(शिक्षा मंत्रालय, भारत सरकार)
(Ministry of Education, Govt. of India)

D.O.No.2-38/2023(CPP-II)

30th May, 2024/ 09 ज्येष्ठ, 1946

Subject: Regarding celebration of International Day of Yoga on 21st June, 2024

Dy.No. 24/206
Date: 05/06/24

आदरणीय महोदया/महोदय,

As you are aware, the International Day of Yoga (IDY) is celebrated every year on 21st June. It has effectively facilitated the global dissemination of the significance of practicing yoga for overall health and well-being and enduring sustainable lifestyle. This year the Ministry of Ayush has started organizing various countdown activities all over India for building momentum towards the International Day of Yoga and has obtained special permission from the Election Commission of India to organize these activities complying to Model Code of Conduct (MCC) guidelines (copy enclosed) for reference.

As observation of the International Day of Yoga has to be done in a whole-of-government approach, it is proposed to organize an IDY countdown event as per the Common Yoga Protocol in the HEIs on a convenient date and time before 21.06.2024. Further, it is requested that proceedings of this event be recorded and subsequently uploaded on various social media platforms tagging Ministry of Ayush for ensuring wider reach. This initiative will enable to reach to a wider audience and inspire individuals to incorporate Yoga into their daily lives for their overall well-being.

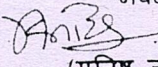
The Higher Education Institutions are requested to adhere to the guidelines/ instructions of MCC and celebrate International Day of Yoga 2024 on **21st June, 2024** in their institutions and participate in International Day of Yoga to make it a grand success.

The URL for the Common Yoga Protocol videos is (<https://yoga.ayush.gov.in/YAP/CYP?CYP-Home?lang=en>) For any technical assistance, Dr Kashinath Samagandi, Director, MDNIY (dir-mdniy@nic.in), may be contacted

In addition, the details of the activities conducted may also be uploaded along with photos / videos on the https://docs.google.com/forms/d/e/1FAIpQLSeFNvUVfZxyTcWaQKdfGYj2fOksc1ShGDgQnWL5vMQpWI8qHw/viewform?usp=sf_link University Activity Monitoring Portal (UAMP)

सादर,

भवदीय,


(मनिष जोशी)

संलग्नक: यथोपरि

सेवा में,
सभी विश्वविद्यालयों के कुलपति।
सभी महाविद्यालयों के प्राचार्य।