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**No.EDN-HE (21) B (15) 38/2020-POSHAN**

Directorate of Higher Education

Himachal Pradesh

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**Dated: Shimla-171001 the May, 2022**

To


All the Deputy Director of Higher Education,  
Himachal Pradesh

**Subject:- Regarding support to observe National De-Worming day and Vitamin A on 26<sup>th</sup> May, 2022 in Himachal Pradesh.**

Memo,

Please find enclosed herewith a copy of letter No. 11583- NHMHP-CH0NDD/1/2019-CH-Section 1898 dated 30.04.2022 received from the Deputy Mission Director, National Health Mission, Himachal Pradesh, Shimla-09, on the above cited subject.


In this context, it is informed that the National De-worming day will be conducted on 26<sup>th</sup> May, 2022 in all schools, with mop up on 30<sup>th</sup> May, 2022 for left out children who missed consuming Albendazole on 26<sup>th</sup> May, 2022. In this regard, you are, therefore directed to circulate the same amongst all the Heads of Educational Institutions under your jurisdiction to take further necessary action as desired by Mission Director, National Health Mission, Himachal Pradesh.

  
Addl. Director of Higher Education (A)  
Himachal Pradesh, Shimla-1  
May, 2022

Endst.No. Even dated Shimla-171001 the  
Copy for information and necessary action to:-

1. The Deputy Mission Director, National Health Mission, Himachal Pradesh, SDA Complex, Kasumpti, Shimla-09, w.r.t. his letter referred to above.
- ✓ 2. The Technical Officer (Computer/IT Cell), Directorate of Higher Education, Himachal Pradesh with the request to upload the same on Departmental web site.
3. Guard file.



  
Addl. Director of Higher Education (A)  
Himachal Pradesh, Shimla-1

Yen  
11-5-22

e-File No.11583- NHMHP -CH0NDD/1/2019-CH-Section 1898  
National Health Mission  
SDA Complex, Kasumpti, Shimla-9  
Himachal Pradesh



To,

The Director  
Elementary Education

✓ The Director  
Higher Education  
Himachal Pradesh

30 APR 2022

Dated,

the Shimla - 9

Subject: Regarding support to observe National De-worming day and Vitamin A on 26 May 2022 in Himachal Pradesh.

Sir,

National Deworming day is biannual event to be celebrated every year. Focus is to improve nutrition and anaemia status among the children from age group of 1 yr till 19 yrs. It will be one day activity all over the state among all Govt., Govt. Aided and Private schools, play schools and Anganwari centres. Since both Albendazole and Vitamin A are to be given Biannually as per GoI & WHO guidelines. hence it has been decided to club both activities on single day for children from 1-5 years of age. For children above 5 years of age, only tablet Albendazole will be given.

Children between 1-5 yrs will be covered through Anganwari centres in rural areas and Anganwari centers /PHC/ Play schools in cities and urban areas. Students studying from Nursery till class 12<sup>th</sup> will be covered in schools. It is to be jointly organized by Health, WCD and Education department.

Children between 1-5 years will be given 2ml Vitamin A syrup first, subsequently after gap of 5 minutes tablet Albendazole to be given for chewing followed by water. Above 5 years age, only tablet Albendazole will be given for chewing followed by water.

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The NDD will be conducted on 26<sup>th</sup> May 2022 in all schools, with mop up on 30<sup>th</sup> May, 2022 for left out children who missed consuming Albendazole on 26<sup>th</sup> May 2022.

Support from Education department required is as under:

- Nominate one Nodal school teacher from each school; both Government and Private schools. The nodal teacher will be oriented by Health department regarding activities for NDD. Nodal school teacher will further inform other teachers of school on De-worming day activities
- Ensure display of IEC material on De-worming and Vitamin A in class rooms and school notice boards.

Sh. Satish Sharma  
11/5/22



- Inform parents in advance regarding De-worming day and ensure 100% attendance and participation of students till class 12<sup>th</sup> by continuously motivating students on consumption of Tab Albendazole and its benefit for health
- Arrange Parent Teacher Meeting (PTM) in school.
- Rallies by students on importance of De-worming and Vitamin A for awareness of community.
- Health information to students with emphasis on hand washing, hygiene, sanitation during morning assembly
- Ensure adequate supply of Medicine (from Health department) and safe drinking water as per requirement based upon total students in school upto 12<sup>th</sup> class.
- Have adequate reporting formats and students attendance register on day of De-worming
- If due to school absenteeism or sickness someone misses medicine Albendazole, **mop up for all missed children** and out of school children will be done on Mop up day due on 30<sup>th</sup> May.
- Monitor the activity in government and private schools

**Dose:** All teachers should know that children above 2 yrs of age receive full tablet Albendazole. Always tell child to chew the tablet (गोली निगलने से पहले चबाएँ) **Under no circumstances, children are allowed to take tablet home for consumption.** Only under direct supervision of school teacher the tablet should be chewed first and then give water to drink. This tablet can be taken on empty stomach

**Side Effects:** Albendazole tablet is very safe. If some child complains of vomiting, or pain in abdomen tell the child to lie down in shade/inside room. Keep child under observation for half an hour give him only water to drink. In case of emergency 108 services is available. The contact no. of Medical Officer at nearest PHC and ANM in nearest sub centre should always be available with Nodal School teacher.

**Reports:** Children who were present on De-worming day and given tablet Albendazole as well as absentee students will be recorded. Submit report to ANM when she comes to collect the record. On Mop up day record of missed students given Albendazole should be submitted to ANM separately. One copy of reporting format to be kept in school for record keeping.

Kindly issue letters to your district and block level officers for attending District/ Block level Workshop in their respective districts, and cooperate to make NDD successful in State. It is also requested to inform and issue instructions to all the Private schools and Central schools/ Navodya schools/ Play Schools and Kindergarden to cooperate with Health department officials and motivate school children to consume Medicine on NDD.

**Note:** Please take all the precautionary measures to avoid the spread of COVID-19 during the activities.

I look forward for your support in making NDD successful.

Yours faithfully,

  
Dy. Mission Director


37/2022

National Health Mission  
Himachal Pradesh

Endst No. e-File No.11583- NHMHP -CH0NDD/1/2019-CH-Section  
Copy forwarded to:

Dated  
30 APR 2022

1. The Principal Secretary (Health) to the GoHP, Shimla-2 for information please
2. The Director Health and Family Welfare, Shimla-9 for information please
3. All the Chief Medical Officers in Himachal Pradesh for information and necessary action please

  
Dy. Mission Director  
National Health Mission  
Himachal Pradesh