

EDN-HE (12)-B(6)-HSSA/2019
Directorate of Higher Education
Himachal Pradesh.



Dated Shimla-1 the

To

All the Principals/Headmasters/GSSS/GHS
Himachal Pradesh.

Subject: Regarding Fit India Quiz 2022.

Memo:

With reference to letter No. F.No.12-1/2020-IS-4 Dated: 24/08/2022 received from Mission Director Fit India. You are hereby directed to register two students for Fit India Quiz 2022 on Fit India website (<https://fitindia.gov.in/>) and the schools to pay the require registration fee per student from amalgamated fund or SMC/PTA fund after observing all codal formalities. Detail of scheme is enclosed herewith for further necessary action.

Participation in this Quiz is mandatory for each institution. Therefore, register the students on above cited website positively on 15.10.2022.

TREAT IT MOST URGENT

(Dr. Amarjeet K. Sharma)
Director of Higher Education
Himachal Pradesh, Shimla.
the September, 2022.

Endst.No. Even

Dated: Shimla-171001,

Copy to:-

1. The Principal Secretary (Edu.) to the Govt. of Himachal Pradesh. for Information please.
2. Mission Director Fit India Government of India Ministry of Youth Affairs and Sports Jawaharlal Nehru Stadium, 1st Floor (Near Ramp No.5) Lodhi Road, New Delhi-110003.
3. All the Deputy Directors of Higher Education for Information and necessary action. Submit consolidated compliance report of the district on 16-10-2022 to the Directorate of Higher Education on e-mail- dhe-sml-hp@gov.in
4. Supdt. IT Cell to upload on Departmental website.
5. Guard file.



Director of Higher Education
Himachal Pradesh, Shimla.

F. No. 12-1/2020-IS-4
Government of India
Ministry of Education
Department of School Education & Literacy

557100-
27-08-2022

Shastri Bhawan, New Delhi
Dated: 24th August, 2022

To

The Additional Chief Secretary/Principal Secretary/Secretary (Education), of all States /
UTs

Subject: - FIT India Quiz, 2022 -reg

Madam/Sir,

Please refer to Department of Sports letter No. Fit India/ Quiz/2022 dated 22.08.2022 and Sports Authority of India's letter No. 19-2/FIT India/Quiz/2022 dated 22.08.2022 regarding the FIT India Quiz, 2022.

2. The Deptt. of Sports has informed that, Fit India Mission had launched first edition of Fit India Quiz for schools across the country. First edition of fit India Quiz entailed a prize money of Rs. 3.25 Cr for students/schools, and 36,299 students from 13,502 schools across India actively participated. 36 schools among them representing their respective State/UT competed in the FIT India Quiz National Finals.

3. The Deptt. of Sports has decided to launch second edition of the programme on 29th August 2022. The prize money for the event will be same as last edition and registration of students for the said event across the country will start from 3rd Sep, 2022. The programme will be launched by Hon'ble Minister of YA&S and telecast on Fit India Youtube channel and Facebook page. Circular and Guideline of the same is enclosed herewith.

4. You are requested to take necessary action to give wide publicity about the second edition of FIT India Quiz programme and viewing of Final events of first edition on the above mentioned platforms. The episodes of FIT India Quiz national Finals will be telecast on Star Sports 1 and Hotstar OTT from 3rd Sep, 2022.

Encls: Circular and Guidelines of FIT India Quiz

Yours faithfully,

(V.K. Verma)

Deputy Secretary to the Government of India
E-mail : vinodk.verma@nic.in
Tele No. 011-23384582

Copy to: (For information and necessary action.)

1. The Chairperson, Central Board of Secondary Education,
2. The Commissioner, Kendriya Vidyalaya Sangathan,
3. The Chairman, National Institute of Open Schooling (NIOS)
4. The Commissioner, Navodaya Vidyalaya Samiti (NVS)
5. The Director, National Council of Education Research and Training
6. The Chairman, Council for the Indian School Certificate Examination (CISCE)

Copy also to:

5/108
US (CHE)
US (CEE)
1/3/11
5/8
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Government of India
Ministry of Youth Affairs and Sports



SPORTS AUTHORITY OF INDIA
FIT INDIA MISSION

Jawaharlal Nehru Stadium,
1st Floor (Near Ramp No. 5)
Lodhi Road, New Delhi – 110003
Email: contact@fitindia.gov.in

F. No. 19-2/FIT INDIA/QUIZ/2022

Dated: 22/08/2022

CIRCULAR

Subject: Fit India School Quiz 2022

1. The Fit India Movement was launched in August 2019 to popularise fitness as a way of life among citizens. Envisioned as a People's Movement, the endeavour has been to inculcate the philosophy that Fitness is Free, Fun and Easy among citizens of all age groups – from school children to senior citizens.
2. In a bid to further reiterate the need to create awareness about fitness and sports among school children, who are the future of India, the Fit India Mission under the aegis of Sports Authority of India, Ministry of Youth Affairs and Sports has decided to launch second edition of Fit India Quiz for schools across the country.
3. Fit India Quiz 2022 will be launched on 29th August 2022 and Launch will be live telecast on Fit India Mission YouTube Channel (<https://www.youtube.com/c/FitIndiaMovement2019>) and Fit India Movement FB Page (<https://www.facebook.com/FitIndiaOff>). The registrations for schools for participation shall begin from 3rd September 2022 on Fit India website (<https://fitindia.gov.in/>).
4. The objective of the quiz is to provide a National platform for students to showcase their knowledge about fitness and sports, also endeavours in its philosophy to create awareness among students about India's rich sporting history, including centuries-old indigenous sports, our national and regional sporting heroes of the past and how traditional Indian lifestyle activities hold the key to a Fit Life for all.
5. The quiz is the second edition of the National-Level Quiz for students which will give out a total cash award of Rs 3.25 crore to schools and students.
6. The quiz will also be the second edition of the first-ever fitness and sports quiz to be telecast on India's one of the largest sports television channels, Star Sports as well as on the National TV channel. Students who make it to the national round as representatives of their schools will therefore get a chance to showcase their talent before the entire nation.
7. The four rounds of the quiz will include the following:
 - a. **School Round** : To be conducted by the school to select students for registration in the Fit India Quiz Preliminary Round. It is the responsibility of the school that they encourage maximum students to participate in the Fit India Quiz 2022.

GUIDELINES FOR FIT INDIA QUIZ

Preface

The Fit India Movement was launched by the Hon'ble Prime Minister in August 2019 with a vision of encouraging every Indian citizen to adopt a physically active lifestyle. Ministry of Youth Affairs and Sports (MYAS) is the nodal ministry for implementing the Fit India Movement in coordination with other stakeholders. The aim of Fit India Movement is to encourage the citizens to include physical activity in their daily lives and to showcase the ease of simplicity of doing activities which can make them fit. In a bid to increase awareness about the importance of physical fitness in our daily lives, the Fit India Mission has conceptualised and conducted multiple events and campaigns. Fit India Movement has been able to mark its presence in more than **4 lakhs schools** across the country through Annual Fit India School Week Celebrations and Fit India School certifications.

Objective

To further propagate the message of Fit India Movement among the school children and strengthen its presence in schools, a Fit India Quiz has been envisioned to involve school children across the country. Fit India Quiz, while providing a national platform to students to showcase their knowledge about fitness and sports, also endeavours to create awareness among students about India's rich sporting history, including centuries-old indigenous sports, our sporting heroes of the past and how traditional Indian lifestyle activities hold the key to a Fit Life for all.

Structure of Fit India Quiz

The Fit India Quiz is primed to be the first-of-its-kind nation-wide quiz on fitness and sports for school children. The quiz will have representations from every State/UT in the country and will be a mix of online and broadcast rounds. The quiz format has been designed in an inclusive manner wherein school students from across the country will get an opportunity to test their fitness and sports knowledge against their peers. The quiz will be open for students from all age groups, but the questions shall be framed in a way that can be easily answered by students of class 8 and above.

Phases/Rounds	Description		
	S. No.	Number of Schools participating from State/UT	Number of qualified Schools for State/UT round
	1.	0-500	4
	2.	501-2500	8
	3.	2501-10,000	16
	4.	More than 10,000	32
	<ul style="list-style-type: none"> • If more than one student in the merit list are from the same school, the next student and school will secure a position, making his/her school qualifying for the state round. • The qualified school must nominate an additional student from the respective school as quiz partner, based on their discretion, for the State Round to form a team of two quizzers. However, if more than one student from the qualified school is among the top scorers in the NTA round, the second student in the merit list will automatically be a part of the team representing the qualified school in the State Round. • Details of the student who has been nominated as quiz partner must be entered in on Fit India website by the qualified school along with the bank details of the school and the students participating in the further rounds. • The students appearing in the preliminary round will get participation certificate. The recognition will be given to the schools having maximum participation. 		
STATE ROUND	<ul style="list-style-type: none"> • State Round will have 4-32 qualified schools • Format: Depending on the number of teams qualified (4-32 teams), 1-12 rounds will be held to determine the State/UT champion. • Modalities of the state round shall be communicated to the qualified teams. • These rounds will be anchored by a professional quiz master and will be webcast on social media. The quiz could be in mixed language (local as well). Also questions on local sports will also be asked. • Total of 36 school teams i.e., one team per State/ UT will move to the National Round. 		
NATIONAL ROUND	<ul style="list-style-type: none"> • Modalities to be finalised 		

The questions in the State and National rounds will also include audio-visual and image-based questions to make the quiz interactive and interesting. Preliminary round will also have image-based questions. The Quiz will have questions from multiple themes as outlined below.

- History of Indian Sports, Traditional Sports and Games, Yoga, Personalities etc
- Fitness topics with special emphasis on Indian traditional fitness methods.

S.No.	Activity	Start Date	End Date
1	Launch of Fit India Quiz	August 29, 2022	
2	Registrations	September 3, 2022	October 15, 2022
3	Preliminary or NTA Round (including mock tests conducted by NTA)	Nov 5, 2022 to Nov 10, 2022	
4	State Round	December 10, 2022	December 31, 2022
5	National Round	January/February 2023	

Role of Schools

- The schools will be the key drivers for the propagation and promotion of the quiz within their respective schools which shall be essential for the greater success and participation from students.
- The schools will be responsible for registering minimum two students for the quiz on the Fit India website and shall ensure fair selection process being carried out for the identifying the students.
- The schools to pay the require registration fee per student.
- The qualified school must nominate an additional student from the respective school as quiz partner, based on their discretion, for the State Round to form a team of two quizzers.
- The schools to adhere to the guidelines as available on the Fit India website.
- Schools to make necessary arrangements in case of travel etc for the students.

Role of States/UTs

- States/UTs to ensure wide publicity to Fit India Quiz and encourage to the schools to register and participate in the Fit India Quiz. The information on Fit India Quiz to be shared with all the schools in the state to ensure maximum participation.
- States/UTs to conduct State round in respective states with the support of Fit India Mission and select state/UT champion for National round.
- Event Management agency will be finalised by FIT India Mission.

Role of Fit India Mission

Fit India Mission under Ministry of Youth Affairs and Sports, Government of India shall be the chief benefactor for the Fit India Quiz and shall provide all necessary financial support and guidance to the stakeholders. The Fit India Mission will co-ordinate with the concerned state departments and facilitate in providing guidelines and defining SOPs at various stages of the Fit India Quiz.



Government of India
Ministry of Youth Affairs and Sports



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Ekta Vishnoi, I.R.S.
Senior Director, Khelo India
Sports Authority of India, JLN Stadium
New Delhi-110003

D.O. No. 19-2/Fit India/Quiz/2022

Dated: 22/08/2022

Respected Sir,

It gives me the sense of pride and pleasure to share the success of the first edition of Fit India Quiz which was launched by Hon'ble Ministers of Youth Affairs and Sports in the presence of Hon'ble Minister of Education on 1st September 2021 to commemorate AKAM. The very first edition of Fit India Quiz entailed a prize money of **Rs. 3.25 Crores** for students/ schools, and **36,299 students from 13,502 schools across India** actively participated and showcased their knowledge in fitness and sports.

2. 36 schools among them representing their respective State/UT competed in the Fit India Quiz National Finals. The episodes of Fit India Quiz National Finals will be telecast on Star Sports 1 (Hindi and English) and on Hotstar app from 3rd September 2022.

3. After the huge success of first edition of Fit India Quiz, MYAS has decided to launch second edition of Fit India Quiz on 29th August 2022 on the auspicious occasion of National Sports Day. Fit India Quiz 2022 will have the cash prize of **Rs 3.25 Crore for Schools and Students**. The schools across India will be invited to participate in the maximum numbers and register their students in the Fit India Quiz 2022 from 3rd September 2022.

4. The Fit India Quiz 2022 will be launched by Hon'ble Minister of Youth Affairs and Sports Shri Anurag Singh Thakur on 29th August 2022. Launch will be live telecast on Fit India Mission YouTube Channel (<https://www.youtube.com/c/FitIndiaMovement2019>) and Fit India Movement FB Page (<https://www.facebook.com/FitIndiaOff>).

5. In this regard, it is kindly requested to solicit your support by issuing direction to State/UT Education Departments to promote viewing of Fit India Quiz National Finals and the launch of Fit India Quiz 2022 amongst the schools and students and encourage the schools and students to participate in the Fit India Quiz 2022 by visiting Fit India Mission website (<https://fitindia.gov.in/>) from 3rd September 2022.

With regards,

Yours sincerely,


(Ekta Vishnoi)

Sh. Santosh Kumar Yadav,
Additional Secretary (SS-I), D/o S.E.L., M/o Education
Room no. 215-C, Shastri Bhawan,
New Delhi - 110001

सुजाता चतुर्वेदी, भा.प्र.से
सचिव

Sujata Chaturvedi, IAS
Secretary



भारत सरकार
खेल विभाग
युवा कार्यक्रम और खेल मंत्रालय

Government of India
Department of Sports
Ministry of Youth Affairs & Sports

D. No. Fit India/Quiz/2022

Dated: 22nd August, 2022

Dear Anita Ma'am,

I am glad to share the success of the first edition of Fit India Quiz which was launched by the Hon'ble Minister of Youth Affairs and Sports in the presence of the Hon'ble Minister of Education on 1st September 2021 to commemorate Azadi Ka Amrit Mahotsav (AKAM). As you are aware, this Fit India Quiz entailed prize money of Rs. 3.25 Crore for students/ schools, in which 36,299 students from 13,502 schools participated from all over India.

2. After the huge success of the first edition of this Quiz, the second edition of Fit India Quiz is proposed to be launched on 29th August 2022 on the auspicious occasion of the National Sports Day. The Fit India Quiz 2022 will have a cash prize of Rs 3.25 Crore for Schools and Students, and Schools across India will be invited to participate in maximum number. The registration of students in the Fit India Quiz 2022 is going to commence from 3rd September 2022.

3. The Fit India Quiz 2022 will be launched by Hon'ble Minister of Youth Affairs and Sports on 29th August 2022, and this launch will be telecast live on the Fit India Mission YouTube Channel (<https://www.youtube.com/c/FitIndiaMovement2019>) and the Fit India Movement FB Page (<https://www.facebook.com/FitIndiaOff>).

4. In this regard, I would request your kind support by issuing directions to the State/UT Education Departments to promote the launch of the Fit India Quiz 2022 among the schools and students, and to encourage the schools and students to participate in the Quiz by visiting the Fit India Mission website (<https://fitindia.gov.in/>).

I look forward to your support in the above endeavor.

Best Regards,

Yours sincerely,

SC
22/8/22
(Sujata Chaturvedi)

Smt. Anita Karwal, IAS
Secretary,
D/o School Education & Literacy,
M/o Education, Room no. 124-C
Shastri Bhawan, New Delhi - 110001