

No. EDN-H (21) B (15) 38/2020-POSHAN
Directorate of Higher Education
Himachal Pradesh

Tel:01772653120Extn.234 e-mailgenbr@rediffmail.com Fax: 2812882

Dated:

Shimla-171001

जिल्ला निर्मालय उच्चात्रेग्वर्ग, 2022

27 JAN 2022

10

All the Deputy Directors of Higher Education

in Himachal Pradesh.

Subject: -

Regarding possibilities to introduce millets under Prahan Mantri Poshan Shakti Nirman (PM Poshan) erstwhile National Programe for mid Day Meal in Schools.

Your kind attention is invited to the letter No. EDN-H(EE)(6)-4-6/53/2018-19 FSSAL dated: 14/01/2022 received from Directorate of Elementary Education, Himachal Pradesh, Shimla-1 addressed to you & copy endorsed to this office.

In this context, you are directed to adhere the instructions issued by Director of Elementary Education in aforementioned letter under intimation to this Directorate.

Addl. Director of Higher Education (Admin.) Himachal Pradesh, Shimla-1

Endst. No.

Even

dated:

Shimla-171001

the January, 2022

Copy for information and necessary action to:-

1. The Director, Elementary Education, Shimla, HP w.r.t. letter under reference.

Z. Technical Officer, I.T. Cell Directorate of Higher Education with request to upload the same on the departmental website.

3. Guard file.

Addl. Director of Higher Education (Admin.) Himachal Pradesh, Shimla-1



No. EDN-H (21) B (15) 38/2020-POSHAN Directorate of Higher Education Himachal Pradesh Tel:01772653120Extn.234 e-mailgenbr@rediffmail.com Fax: 2812882

FORT FRANCIS GENTLE 15040

Dated:

Shimla-171001

the 27 JAN 2022

To

Subject: •

All the Deputy Directors of Higher Education in Himachal Pradesh.

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शिक्षा निवंशालक उच्चतर **ए**क्ड्रे

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Addl. Director of Higher Education (Admin.)
Himachal Pradesh, Shimla-1

No. EDN-H(EE)(6)4-53/2018-19 FSSAI Directorate of Elementary Education, Himachal Pradesh

Dated: Shimla - 171001, the

January, 2022

Branch

1 4 JAN 2027

All the Deputy Directors (Elementary Education) Himachal Pradesh

All the Deputy Directors (Higher Education) Himachal Pradesh

Subject: -

Possibilities to introduce millets under Pradhan Mantra Poshan Shakti Nirman (PM . Poshan) (erstwhile National Programme for Mid Day Meal in Schools.

Sir,

Your kind attention is drawn towards this Directorate letter of even No.dated 24.11.2021 (copy enclosed for ready reference) on the subject cited above. In this context, you are once again requested to explore the possibilities to introduce millets under "Pradhan Mantri Poshan Shakti Nirman" (PM POSHAN) (erstwhile National Programme for Mid Day Meal in Schools preferably in the districts where eating millets is a culturally accepted food habit. To begin with you may introduce millets (Nutri-cereals) based menu once a week. Moreover, Millet based recipes may be prepared during cooking competitions to be conducted among cook -cum -helpers to popularize it. Major Millets (Nutri-cereal)grown and consumed in India are, Sorghum (jowar), pearl Millet (Bajra). Finger Millet (Ragi/Mandua), Foxtail Millet (Kanngani/kakun), kado Millet (kodo), Barnyard Millet (Sawa/Sanwa/Jhangora), Little Millet (Kutki), Buck –wheat (kuttu)m Amaranth (Chaulai)etc.

You may also prepare small videos for creating awareness about the goodness of millets and show case them in schools. The use/consumption of millets may be discussed during the SMCs and PTM meeting also. Millets and their health benefits may be chosen as a topic of 'Group discussion, Debate competitions' among children to spread awareness. For any further technical assistance Indian Institute of Millet Research (IIMR) https://www.millets.res.in/ may be contracted. You may encourage schools to adopt and improves that recipes (https://www.millets.res.in/m_recipes.php) adopted by IIMR. We shall appreciate positive action to promote consumption of millets by adopting various measures as elucidated above with suitable State specific improvisations. At the same time please do not hesitate to write to us for any further facilitation. Let us join hands and work together in this noble cause of popularizing the less known millets (Nutri-cereals) which are power houses of nutrients for the benefit of our children who are the future of this great nation and action taken report (ATR)may be furnished to this Directorate as the earliest, so that the same could be shared with the Government accordingly.

Encl: - As above

(Dr. Pankaj Lalit HPAS) **Director Elementary Education** Himachal Pradesh Shimla171001

Sawar Sanwarsnangora). Little Willet (Kutki), Buck -wheat (kuttu)m Amaranth (Clauda)bid eleeduhp@gov.in Ph. No. 0177-2812464

Ends: No. Even Dated Copy to:-

Shimla- 171001

the

January, 2022

The Principal Secretary (Education) to the Government of Himachal - Pradesh Shimla- 171002 for information please.

The Director (Higher Education) Himachal Pradesh Shimla-171001 with the request to issue similar instructions to all the DDHE's, Principals GSSS & Headmasters GHS please.

The Director (Women & Child Development) Himachal Pradesh Shimla-171001 w.r. her letter No.14-17/2011-SNP-11773 dated 12.11.2021 प्रारम्भिक शिक्षा निहेशालय (हि.प्र.)

4. Guard file.

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12 JAN 2022

शिमला-1

Dr. Pankaj Lalit HPAS

Director Elementary Education Himachal Pradesh Shimla171001 E-mail id eleeduhp@gov.in

Ph. No. 0177-2812464

Urgent

NO EDN-H-(EE)(6)-4-53/2018-19 FSSAI Directorate of Elementary Education Himachal Pradesh. Shimla-171001 Dated

November, 2011 मिद्रशालय (हि.प्र.)

2 4 NOV 2021

शिमला-1

To

Sir/ Madam,

1. All the Deputy Directors (Elementary Education) **Himachal Pradesh**

2. All the Deputy Directors (Higher Education) **Himachal Pradesh**

Possibilities to introduce millets under Pradhan mantri Poshan Shakti Nirman (PM Poshan) Scheme

Find enclosed here with copy of D. O No 4-6/2018-MDM-1-1(EE.5) dated 28-10-2021 from Department of School Education & Literacy Ministry of Education, Government of India & Department of Agriculture and Farmers Welfare, Ministry of Agriculture and Farmers Welfare, Government of India received through Secretary (Education) Government of Himachal Pradesh vide his office letter No. EDN-C-F(10)5/2018-V-L-I dated 2-11-2021 on the subject cited above.

In this context, you are requested to explore the possibilities to introduce millets under Mid Day Meal Scheme. You are further requested to issue necessary instructions/directions to all the Schools in this regard under intimation to this Office.

> Dr.Pankaj Lálit (HPAS) **Director Elementary Education** Himachal Pradesh Shimla171001 E-mail id eleeduhp@gov.in Ph. No. 0177-2832464

November, 2021 Shimla -171001 Even Dated the Endst. No Copy to:

- 1. The Secretary (Education) to the Government of Himachal Pradesh Shimla-171002 w.r.t. his office letter referred to above for information please.
- 2. Guard File.

Dr.Pankaj Lalit (HPAS) **Director Elementary Education** Himachal Pradesh Shimla171001 E-mail id eleeduhp@gov.in Ph. No. 0177-2812464