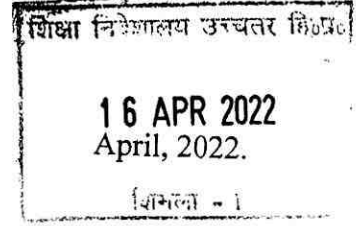


No. EDN-H(12)F(S)_HSSA/2015-Sports-2022-23
Directorate of Higher Education
Himachal Pradesh, Shimla-1



Dated: Shimla-1, the

To


All the Principals/Coaches
Sports Hostels of Himachal Pradesh

Subject: - Instructions Regarding Selection Parameters of Admission to Sports Hostel.

Memo:

It is to inform you that a meeting regarding amendment in selection parameters in sports hostel and finalising the dates and venue were held at Directorate of Higher Education on dated 5th April, 2022. The amended rules and venue are hereby enclosed to you for further compliance

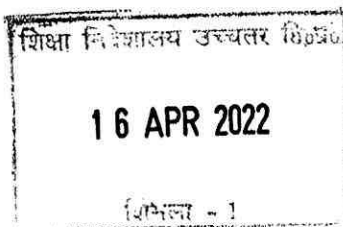
Enclosure: (7) Seven

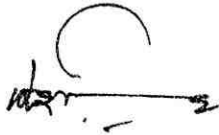

(Dr. Amarjeet K. Sharma)
Director of Higher Education
Himachal Pradesh
April, 2022.

Endst. No Dated: Shimla-1. The

Copy to:

1. The Director Elementary Education Himachal Pradesh Shimla-1 for further circulation to Dy. Directors and schools under your control.
2. All the Dy. Directors of Higher Education for information & necessary action.
3. The Technical Officer Directorate of Higher Education with a request to upload on departmental website.




Director of Higher Education
Himachal Pradesh

Proposed proforma of New parameters for Volley Ball (Girls)

1 Height Criteria

Age	1	2	3
13 Years	160	163	166
14 Years	163	166	168
15 Years	165	168	170
16 Years	167	170	172

3

2. Battery of test and norms for scouting of talent in sports Girls

Age	Vertical Jump			Medicine Ball			6 x 10 M.S. run(sec.)			30 m fly.(sec.)		
	1	2	3	1	2	3	1	2	3	1	2	3
13 Years	45	49	54	7.0	7.5	8.3	17.3	16.9	16.5	4.15	4.10	4.05
14 Years	46	51	56	7.5	8.0	8.8	17.0	16.6	16.1	4.10	4.05	4.00
15 Years	48	53	58	8.0	8.5	9.2	16.7	16.2	15.7	4.00	3.95	3.90
16 Years	50	55	60	8.5	9.0	9.5	16.3	15.9	15.4	3.95	3.90	3.85

12

3. Skill Test / Game

7


4. Sports Achievement

National	State	District
3	2	1

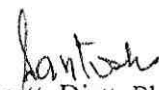
3

Total = 25

Approved


Director Higher Education
Himachal Pradesh, Shimla


Jt. Director of Hr. Edu. (C)
Himachal Pradesh


Asstt. Distt. Phy. Edu. Officer
Directorate of Physical Education
Himachal Pradesh, Shimla - 1


Proposed Proforma of New parameters for Volley ball(Boys)

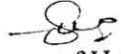
Year	Age	Height (cm)			Vertical Jump (cm)			30 mt. Flying Start (Sec)			Ball Throw (Meter)			6X10 mt. Shuttle Run /T .Test.			Game Skill/ Game Experience	Sports Achievement			Total Marks
		1	2	3	1	2	3	1	2	3	1	2	3	1	2	3		07	1	2	
2009	13 Yrs.	167	171	173	51	55	60	4.05	4.00	3.95	7.8	8.7	9.7	16.2	15.7	15.2		D.	S.	N.	
2008	14 Yrs.	173	176	178	53	57	62	4.00	3.95	3.90	8.3	9.2	10	15.7	15.3	14.9					
2007	15 Yrs.	175	177	181	55	59	64	3.95	3.90	3.85	9.0	9.7	10.5	15.4	14.9	14.4					
2006	16 Yrs.	180	182	184	56	61	66	3.90	3.85	3.80	9.5	10	11	15.0	14.5	14.0					

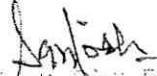
- Preference will be given to extra ordinary height as genetic and essential prerequisite Parameter in Volleyball.

1. Physical efficiency test = 15
2. Game Skill/ Game Experience = 7
3. Sports achievement = 3
4. Total Marks = 25

Approved


 Director Higher Education
 Himachal Pradesh, Shimla


 Jt. Director of Hr. Edu. (C)
 Himachal Pradesh


 Dist. Phys. Edu. Officer
 Directorate of Hr. Edu.
 Himachal Pradesh, Shimla


PROPOSED PROFORMA OF PARAMETERS FOR BASKET BALL BOYS

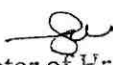
Sr No	Year of Birth	AGE	HEIGHT (in CM) 15					VERTICAL JUMP 10			STANDING BROAD JUMP 10				BASKET BALL CONTROL DRIBBLE 10				AGILITY TEST 10				28 MTRS. SHUTTLE RUN 10				GAME POINT 25		PARTICIATION LEVEL 10			GRAND TOTAL
			8	10	12	14	15	6	8	10	6	7	8	10	3	5	8	10	5	6	8	10	3	5	8	10	SKILL POINT	5	7	10		
1	2009	13 YEAR	167C M	171C M	173C M	175C M	177C M ABOVE	30 cm	45 cm	60 cm	135 cm	150 cm	165 cm	180 cm	10 SEC	8 SEC	7 SEC	6 SEC	15 SEC	14 SEC	13 SEC	12 SEC	6 SEC	5 SEC	4 SEC	3 SEC	25	D	S	N	100	
2	2008	14 YEAR	172C M	174C M	177C M	180C M	182C M ABOVE																									
3	2007	15 YEAR	176C M	178C M	180C M	182C M	185C M ABOVE																									
4	2006	16 YEAR	180C M	181C M	183C M	185C M	187C M ABOVE																									

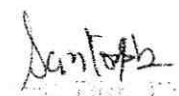
Preference will be given to extra ordinary height .

- | | |
|-------------------------------|--------------|
| 1. Height marks | = 15 |
| 2. Physically efficiency test | = 50 |
| 3. Game Skill | = 25 |
| 4. Sports achievement | = 10 |
| Total marks | = 100 |

Approved


Director Higher Education
Himachal Pradesh, Shimla


Jt. Director of Hr. Edu. (C)
Himachal Pradesh


Director of Education
Himachal Pradesh, Shimla

PROPOSED PROFORMA OF PARAMETERS FOR BASKET BALL GIRLS


Sr No	Year of Birth	AGE	HEIGHT (in CM)					VERTICAL JUMP 10			STANDING BROAD JUMP 10				BASKET BALL CONTROL DRIBBLE				AGILITY TEST 10				28 MTRS. SHUTTLE RUN 10				GAME POINT	PARTICIATION LEVEL			GRAND TOTAL
			8	10	12	14	15	6	8	10	6	7	8	10	3	5	8	10	5	6	8	10	3	5	8	10	SKILL POINT	5	7	10	
1	2009	13 YEAR	160 CM	162CM	165C M	167C M	170CM ABOVE	15 cm	25 cm	30 cm	90 cm	120 cm	135 cm	150 cm	16 SEC	15 SEC	13 SEC	11 SEC	15 SEC	14 SEC	13 SEC	12 SEC	16 SEC	14 SEC	12 SEC	11 SEC	25	D	S	N	100
2	2008	14 YEAR	162CM	165CM	167C M	170C M	172CM ABOVE																								
3	2007	15 YEAR	165CM	167CM	170C M	172C M	175CM ABOVE																								
4	2006	16 YEAR	167CM	170CM	172C M	175C M	177CM ABOVE																								


Preference will be given to extra ordinary height .

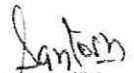
1. Height marks = 15
2. Physically efficiency test = 50
3. Game Skill = 25
4. Sports achievement = 10

Total marks = 100

Approved


Director Higher Education
Himachal Pradesh, Shimla



Jt. Director of Hr. Edu. (C)
Himachal Pradesh



Asst. Dist. Phy. Edu. Officer
Directorate of Hr. Education
Himachal Pradesh, Shimla - 1

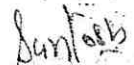
Proposed Proforma of New Parameters for Football Boys

Year	Age	Height (cm)			800 Meter Run			30 mt. Flying Start (Sec)			Ball Throw (Meter)			6X10 mt. Shuttle Run /T .Test.			Game Skill/ Game Experience	Sports Achievement			Total Marks
		1	2	3	1	2	3	1	2	3	1	2	3	1	2	3		7	1	2	
2009	13 Yrs.	152	156	160	2.60	2.50	2.40	4.05	3.95	3.85	6.7	7.2	7.7	17.0	16.5	15.9		D.	S.	N.	
2008	14 Yrs.	157	161	165	2.50	2.40	2.30	3.95	3.80	3.65	7.5	8.2	9.0	16.5	15.9	15.4					
2007	15 Yrs.	163	167	170	2.40	2.30	2.25	3.88	3.65	3.55	7.8	8.7	9.7	15.9	15.4	14.9					
2006	16 Yrs.	168	172	175	2.35	2.25	2.20	3.82	3.55	3.50	8.3	9.3	10.0	15.4	14.9	14.4					

Approved


 Director Higher Education
 Himachal Pradesh, Shimla


 Jt. Director of Hr. Edu. (C)
 Himachal Pradesh


 Director of Education
 Himachal Pradesh, Shimla - I

Proposed Proforma of New Parameters for Hockey (Boys & GIRLS)


HOCKEY 30 Mtr FLYING START AND 3*10 Mtr SHUTTLE RUN FOR BOYS


Age/Parameters	30 Mtr Flying Start			3*10 Mtr Shuttle Run		
	4 points	7 points	10 points	4 points	7 points	10 points
13 Years	4.20	4.15	4.10	17.5	17.1	16.7
14 Years	4.10	4.05	4.0	16.7	16.1	15.7
15 Years	4.05	4.00	3.95	16.2	15.7	15.2
16 Years	4.00	3.95	3.90	15.7	15.3	14.9

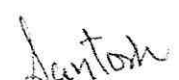
HOCKEY 30 Mtr FLYING START AND 3*10 Mtr SHUTTLE RUN FOR GIRLS

Age/Parameters	30 Mtr Flying Start			3*10 Mtr Shuttle Run		
	4 points	7 points	10 points	4 points	7 points	10 points
12 Years	4.50	4.30	4.25	18.5	18.0	17.7
13 Years	4.25	4.15	4.10	17.7	17.2	16.7
14 Years	4.15	4.10	4.05	17.3	16.9	16.5
15 Years	4.10	4.05	4.00	17.0	16.6	16.1
16 Years	4.05	3.95	3.90	16.7	16.2	15.7

Approved


Director Higher Education
Himachal Pradesh, Shimla


Jt. Director of Hr. Edu. (C)
Himachal Pradesh


Asstt. Distt. Phy. Edu. Officer
Directorate of Physical Education
Himachal Pradesh, Shimla-1

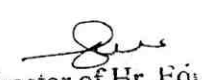
STANDING BROAD JUMP FOR Boys

AGE	Point 2	Point 4	Point 6	Point 8	Point 10						
13 years	2 foot	3 foot	4 foot	5 foot	6 foot						
14 years	2.3 foot	3.3 foot	4.3 foot	5.3 foot	6.3 foot						
15 years	2.6 foot	3.6 foot	4.6 foot	5.6 foot	6.6 foot						
16 years	2.9 foot	3.9 foot	4.9 foot	5.9 foot	6.9 foot						

Approved



Director Higher Education



Jt. Director of Hr. Edu. (C)
Himachal Pradesh





Asstt. Dir. Phy. Edu. Officer
Director of Education
Himachal Pradesh


YO YO OR BEEP TEST INTERMITTED LEVEL 1 FOR Boys

year	Distance In meter 200 (Points)	240	360	480	600	720	840	960	1080	1200	1320m
13 years	0	4	8	12	16	20					
14 years	0	0	4	8	12	16	20				
15 years	0	0	0	4	8	12	16	20			
16 years	0	0	0	0	4	8	12	16	20		

Approved


 Director Higher Education
 Himachal Pradesh, Shimla

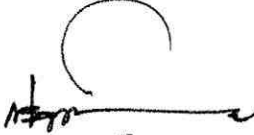

 Jt. Director of Hr. Edu. (C)
 Himachal Pradesh



 Director of Hr. Edu.
 Himachal Pradesh, Shimla - J

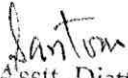
STANDING BROAD JUMP FOR (Girls)

AGE	Point 2	Point 4	Point 6	Point 8	Point 10					
12 years	2 foot	2.5 foot	3 foot	3.5 foot	4 foot					
13 years	2 foot	3 foot	4 foot	5 foot	6 foot					
14 years	2.3 foot	3.3 foot	4.3 foot	5.3 foot	6.3 foot					
15 years	2.6 foot	3.6 foot	4.6 foot	5.6 foot	6.6 foot					
16 years	2.9 foot	3.9 foot	4.9 foot	5.9 foot	6.9 foot					

Approved


Director, Higher Education
Himachal Pradesh, Shimla


Jt. Director of Hr. Edu. (C)
Himachal Pradesh


Asstt. Distt. Phy. Edu. Officer
Directorate of Physical Education
Himachal Pradesh, Shimla

YO YO OR BEEP TEST INTERMITTED LEVEL 1 FOR(Girls)

year	Distance In meter 200 (Points)	240	360	480	600	720	840	960	1080	1200	1320
12 years	4	8	12	16	20						
13 years	0	4	8	12	16	20					
14 years	0	0	4	8	12	16	20				
15 years	0	0	0	4	8	12	16	20			
16 years	0	0	0	0	4	8	12	16	20		

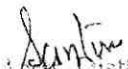
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Director Higher Education
Himachal Pradesh, Shimla



Jt. Director of Hr. Edu. (C)
Himachal Pradesh



Asst. Distt. Phy. Edu. Officer
Directorate of Hr. Education
Himachal Pradesh, Shimla

List of Participants on meeting held on Amendment of selection parameters in sports hostel under the Chairmanship of Dr. Amarjeet K. Sharma, Director of Higher Education, H.P.

S.No.	Name	Designation	Address	Mobile No	Signature
1	Dr. Amarjeet K. Sharma	DHE	DHE		
2	Dr. Harish Kumar	Jt. DHE	DHE		
3	Santosh Chauhan	ADPEO (H.Q)	DHE	9418956624	
4	Chitranjan Kalta	Script Writer	DHE - Shimla - 1	9418016370	
5	Rajesh Kanwar	DPE	DHE Shimla - 1	9418076122	
6	Vinod Sharma	DPE <i>suppl</i>	<i>5418</i> <i>Phy Edu</i>	9418055664	
7	Pankaj Saklani	DPE	<i>G.S.S.S. Mayra</i>	5418026928	
8	Puresh Kumar	DPE	<i>Sports Hostel Pech.</i>	9068408121	
9	Devinder Kumar	DPE	<i>G.S.S.S. KUI</i>	94181-86353	
10	Jitender Singh	DPE	<i>Sports Hostel Subbal</i>	94182-72222	
11	Sanjeev Kumar	DPE	<i>G.M.S.S. S.Boys Rohru</i>	94180-12871	
12	Dharam Prakash	DPE	<i>G.S.S.S. Mathana</i>	98164-01424	
13	Rakesh Thakur	Coach	<i>S.H. Secangan</i>	94184-80405	
14	<i>Devinder Kumar</i>	DPE	<i>G.S.S.S. Sakrohat</i>	9418274873	
15			<i>G(B)SSS Nadoun</i>	9817763604	
16					

Approved

[Signature]
 Director Higher Education
 Himachal Pradesh, Shimla

[Signature]
 Jt. Director of Hr. Edu., (C)
 Himachal Pradesh

[Signature]
 Asstt. Distt. Phy. Edu. Officer
 Directorate of Hr. Education
 Himachal Pradesh, Shimla -